

What Could L.A. County Do With **\$6.5 BILLION?**

Diabetes and heart disease cost L.A. County over **\$13 billion every year.**³



10.8 percent of L.A. County residents have **diabetes**¹ and **44 percent** have **prediabetes.**²

5.4 percent of L.A. County residents have **heart disease**¹ and **29.2 percent** have **high blood pressure.**¹

80 to 90 percent of diabetes and heart disease is **preventable.**^{4,5}

If we prevented even *half* of these cases, here's what L.A. County could do instead:



Send **630,000 children** to pre-kindergarten.⁶

Create **22,500 units** of affordable housing.⁷



Send **1.3 million students** to community college.⁸

1. 2015 California Health Interview Survey

2. Babey SH, Wolstein J, Diamant AL, Goldstein H. Prediabetes in California: Nearly Half of California Adults on Path to Diabetes. Policy Brief, UCLA Center for Health Policy Research. 2016 Mar;(PB2016-1):1-8.

3. Brown PM1, Gonzalez M, Dhaul RS. Cost of chronic disease in California: estimates at the county level. J Public Health Manag Pract. 2015 Jan-Feb;21(1):E10-9.

4. Hu FB, Manson JE, Stampfer MJ, et al. Diet, lifestyle, and the risk of type 2 diabetes mellitus in women. N Engl J Med. 2001; 345:790-7.

5. Centers for Disease Control and Prevention. Morbidity and Mortality Weekly Report (MMWR) Vital Signs: Avoidable Deaths from Heart Disease, Stroke, and Hypertensive Disease — United States, 2001–2010. September 2013.

6. Calculations based on cost of \$10,303 per child. Source: kidsdata.org, Los Angeles County, Annual Cost of Child Care, by Age Group and Type of Facility

7. Calculations based on cost of \$287,932 per unit. Source: CA Department of Housing and Community Development, CA Tax Credit Allocation Committee, CA Housing Finance Agency, CA Debt Limit Allocation Committee. Affordable Housing Cost Study: Analysis of the Factors that Influence the Cost of Building Multi-Family Affordable Housing in California. October 2014. http://www.treasurer.ca.gov/ctcac/affordable_housing.pdf

8. Calculations based on cost of \$4,852 per person (average cost of two-year college in California). Source: collegecalc.org, Annual Cost of Undergraduate Tuition.

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